



Groupa

Kind of Folk, Vol. 5 - Poland

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In the fifth installment of the Kind of Folk project, you'll experience how Groupa, in collaboration with the exceptional singer and violinist Marta Matuszna from Laliki, Poland, explores new musical paths. Together, they aim to create music born from the meeting of their diverse experiences and the exciting borderland where curious musical encounters take shape.

Marta Matuszna has long been a driving force in preserving and developing the rich musical traditions of the Beskid Żywiec region. With several years of experience at the Golec Brothers Foundation, she has taught both violin and traditional singing, deeply inspired by the folk music of the region. Matuszna's love for folk music is rooted in her childhood, where her grandmother played a central and significant role as her first and most important teacher. Her passion for this musical tradition has also led her to co-found the duo "DudySkrzypce," which focuses on ancient music from Beskid Żywiec, as well as the band "Niearchaic Composition".

Drawing inspiration from Nordic folk music, Groupa performs music that reflects both a deep, enduring connection to tradition and a strong, unyielding desire to continually evolve. In Groupa's project Kind of Folk, traditional music from various origins meets the group's innovative approach. The four previous releases in Groupa's Kind of Folk series feature music rooted in Sweden, Norway, Iceland, and the Iberian Peninsula.

Band member

JONAS SIMONSON	alto flute, flute, overtone flute, härjedal pipes
MATS EDÉN	viola d'amore, viola, fiddle, hardanger fiddle
TERJE ISUNGSET	drums, percussion, mouth harp

Guest artist

ANDERS JORMIN	double bass
GRZECH PIOTROWSKI	saxophone
MARTA MATUSZNA	vocal, fiddle
SEBASTIAN WYPYCH	double bass

Mixer

Ake Linton

aufnahmestudio

Galileo Music Communication GmbH - Dachauer Str. 5-7 - 82256 Fürstenfeldbruck

Additional recordings by Åke

Linton at Tonkontroll

Krzysztof Szabowski at

Costum 34 Studio,

Gdańsk-Osowa

Mastering

Tor Magne Hallibakken

Cover Artwork

Mildrid Isungset

Tracklist

- | | | |
|-----|---|-------|
| 1. | Muse
M: Traditional | 03:25 |
| 2. | Hej na idom
M: Traditional | 05:04 |
| 3. | Czerwone jabluszko
M: Traditional | 03:54 |
| 4. | Wedrowny lesny/Bogurodzica
M: Traditional | 03:09 |
| 5. | Halling podhalanski
M: Jonas Simonson | 03:38 |
| 6. | Spod swietego krzyza
M: Traditional | 03:05 |
| 7. | Wszystkik chlopców kochaj
M: Traditional | 03:57 |
| 8. | Cózek
M: Traditional | 04:28 |
| 9. | Polonez
M: Traditional | 03:55 |
| 10. | Nie bydo, nie bydo/Poranna herbata polska
M: Traditional | 05:00 |
| 11. | Szumi Dolina
M: Traditional | 04:29 |